



ADVENTURES IN AFRICA

SAFARI PACKING LIST

Southern Africa



UNDERSTANDING THE WEATHER

South Africa, Botswana, Zambia and Zimbabwe are south of the Equator so the seasons are the reverse of those in the northern hemisphere with mid-summer at Christmas and winter lasting from May to August. The temperatures given are those for the main centers but it is considerably warmer all year round in the low-lying areas.

In the winter the days are generally dry and sunny with temperatures averaging 59 F to 68 F. Light to medium weight clothing is generally sufficient with a warm jacket or woolens to wear outdoors on overcast or windy days. Nights can be cold especially on safari. It is very unusual for temperatures to drop below freezing. Temperatures in Cape Town and in the mountains are usually several degrees cooler than the rest of the country.

If you will be flying on charter aircraft to and from your safari camp there is a baggage restriction of one soft-sided bag weighing no more than 44 lbs per person. We can make arrangements to store or transfer your excess luggage.

Pack casual breathable clothing that can be layered as the temperatures can vary considerably during the day. Weather during these seasons can be rather unpredictable.



** Most safari lodges offer laundry services with same day washing and return of clothing. Please be aware that laundry detergents and washing cycles may differ from U.S. standards. **Please do not overpack.**



WHAT TO WEAR

The magic of a safari is that you get to feel at one with nature, blending in, listening, quieting your human self to let the bush speak louder. So when you're choosing what to wear, it's best to stick to natural earth tones and neutral shades. Camouflage is not permitted.

Unnatural colors in the bush include bright red, blue, pink, and purple. Black and white are great when paired with something softer like green, beige, brown, or khaki. Overall, stick to an earthy color palette and you'll not only look the part, but you'll be cool and comfortable.

Smart casual attire is suggested for dinner wear especially in the cities. Leave your jewelry at home and consider purchasing local handmade items to dress up your attire. Good sources for safari clothing are – Lululemon, Athleta, REI, LL Bean.

COLOURS RECOMMENDED FOR SAFARI



COLOURS NOT RECOMMENDED FOR SAFARI



MEDICATIONS

We recommend the following items to consider bringing with for your safari trip with us.

- ☐ If you wear prescription glasses take a copy of your prescription.
- ☐ Prescription medication in original containers. Always carry in your hand luggage and consider placing extra in another bag.
- ☐ Medication for headache, heartburn, diarrhea, colds, allergies, eye drops, disinfectant, antibiotic, and antihistamine.
- ☐ A few bandaids, tissues and chapstick. If you take tweezers or scissors they must be packed in your checked luggage.



PACKING CHECKLIST

CLOTHES	WINTER ESSENTIALS
<input type="checkbox"/> T-shirts/ Short sleeve shorts [*4-6]	<input type="checkbox"/> Long sleeve shirts [*2]
<input type="checkbox"/> Short or skirts (short skirts are not practical) [*3-4 pr]	<input type="checkbox"/> Warm fleece/ Puffy jacket [*1]
<input type="checkbox"/> Jeans/ casual slacks/ leggings [*2-3 pr]	<input type="checkbox"/> Rain jacket (Nov - April) [* 1]
<input type="checkbox"/> Evening slacks [*1 pr]	<input type="checkbox"/> Warm sleepwear
<input type="checkbox"/> Light summer dresses	
<input type="checkbox"/> Light cardigan/ sweatshirt [*1]	
<input type="checkbox"/> Bathing suit [*1]	
<input type="checkbox"/> Sleepwear	
<input type="checkbox"/> Socks and underwear	
<input type="checkbox"/> Wind breaker	

*Please note that the quantity is based on our recommendation

PACKING CHECKLIST

SHOES & ACCESSORIES

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| <input type="checkbox"/> Comfortable walking shoes (boots are not necessary, closed sneakers are OK) [*1 pr] | <input type="checkbox"/> Video camera (optional) |
| <input type="checkbox"/> Casual evening shoes [*1 pr] | <input type="checkbox"/> Binoculars (probably not necessary) |
| <input type="checkbox"/> Sandals for the pool [*1 pr] | <input type="checkbox"/> Small flashlight |
| <input type="checkbox"/> Wide brimmed hat (absolutely essential) | <input type="checkbox"/> If you wear contacts take regular glasses as well |
| <input type="checkbox"/> Sunscreen with high SPF | <input type="checkbox"/> Basic medical kit (aspirin, band-aid, Imodium, antiseptic, and anti-histamine cream, etc) |
| <input type="checkbox"/> Sunglasses - polarized | <input type="checkbox"/> Ziplock bags (for wet clothing, shoes, cameras, etc) |
| <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Wet wipes |
| <input type="checkbox"/> Camera | <input type="checkbox"/> Small day pack (for camera, sweater, etc) |
| <input type="checkbox"/> Film/ memory cards/ batteries | |

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